

## **BEST PRACTICES**

**Session: 2017-2018**

### **Best Practice I**

**Dealing with the cleaning of the campus and promoting health and hygiene within students and local areas**

#### **Objectives of the practice:**


A group of students along with the teaching and non-teaching staff members under the Nature's Club, Individual departments and NSS units of College is formed to deal with the dropped litter within College campus and surrounding areas.

#### **Principle objectives of the group:**

1. Responsiveness regarding preservation of our resources.
2. Preparing dust-bins in sufficient numbers by the students themselves to avoid littering.
3. To generate consciousness among students regarding the usage of plastic consumables.
4. To promote the awareness of depletion of ground water resource within the local areas.
5. Awareness programmes by students to promote health and hygiene.

#### **Manifestation of the Practice:**

Several programmes were organized from time to time to clean the College campus, nearby areas by the students. Slogans were prepared to promote '**No Plastic Zone**' within College campus. Students prepared dustbins from used cartons collected from different departmental stores and promoted the concept of proper disposal of wastes generated within the College Campus. Another group of students prepared posters regarding the depletion of ground water resources and instigated the ideas of '**Saving Water**' within the common people. '**Dengue awareness programme**' was organized by students under the supervision of teachers to promote mindful thinking for prevention and early recovery from Dengue. Apart from this, students along with teachers also *distributed the clothes to the needy people*, which also promoted their kind gesture towards humanity and inculcate civic and social concern among students.



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*Fig 1: Submission of handmade dustbins from used cartons and medicinal plants by students*



*Fig 2: Cleaning of college campus by Nature's Club*



*Fig 3: Promotion of Saving Water Resources by students*



*Fig. 4: Dengue awareness programme*



*Fig 5: Cloth distribution programme at Tarakeswar Railway Station*

**Outcome of the practices:**

- Huge interest was noted among students to create a cleaner, safer, more hygienic environment and enhanced operational efficiency while reducing management costs and resource.
- Students showed keen interest with kind approach towards helping needy people and wanted such type of programme more in future.

## **Best Practice 2**

### **Women empowerment**

#### **Goal**

The major aims of the practice followed by the institution are-

1. Standing in the era of human rights movement with the ambition to develop a better civil society the need for women empowerment is getting realised more than ever.
2. Encouraging adequate respect and support for human rights and non-discrimination and in consequence treating men and women equally at workplaces.
3. Making sure that all men and women workers are provided with equal facilities in furnace of their overall welfare and safety at work places.
4. Educating women according to the professional requirement and encourage them to grow further in life.
5. Encouraging women to develop entrepreneurial skill which in turn would make them self-dependent.
6. Advocating the promotion of gender equality within a community.
7. Proper measurement and letting people know of the achievement of gender equality.

#### **Context**

It is admitted that improving the status of women in the male dominated society may solve several problems, such as meeting the basic needs of family, overall social advancement and adding quality resource that may bridge the gap between dimension of socio-cultural existence. In a progressive social construction women empowerment has been provided with special importance as the subtle method of gender discrimination as existing within the layers of social existence. It has also been provided with special importance that the process of women empowerment can be initiated properly if advocate importance is given to Women's Health. Not the least, financial inclusion is very much required for women empowerment as it brings major benefits to individuals and economies.

## **The practice**

The major practices that the institution followed are-

- a. Seminar lectures were arranged by the women cell of our college and eminent speakers both male and female were invited who delivered valuable knowledge and thoughts inculcating in the minds of teachers students and others.
- b. Complaints regarding poor sanitation in toilets and bathrooms used by the women in the college are carefully undertaken by the women cell and redressed.
- c. A separate girl's common room has been set up with a lady attendant to help girl students and women staff of the college during any health-related problems.
- d. The lady teachers and convener of the women cell always makes aware the girls students what 'to do' and 'not to do' during adolescence period. The women cell goes on counselling the girls student regarding their health related problems.
- e. The Health Care Unit of the college keeps over the women's discomfort and medicine facilities are provided when required.
- f. Separate sets of clothes are kept in the women cell to facilitate the girls students and women employees when required.
- g. The girl students and women employees are provided with sanitary napkins whenever necessary.
- h. The girls toilet, bathrooms and common room are properly clean every day for maintaining good health of the girl students and women employees
- i. The women cell observes the Women's Day on every 8th day of March, publishes wall magazine 'Adwitiya' and arrange seminar lectures for the students and women employees.

## **Evidence of success**

- a. A good number of girls student are coming to the college from far and near localities which shows that the women are getting proper respect in our college.
- b. There is no complaint to the higher authority till date regarding eve-teasing and embarrassing working situation in the college premises.
- c. The girls are frequently using common room and there is no complain about unhygienic condition of toilets and washrooms.

  
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## Problems encountered and resource required

The need of the day is more girls toilet and washrooms within the college premises. Due to insufficient financial resource the inadequate infrastructure facility cannot be improved by college authority.



Fig 6: Girl students in front of Girls' Common Room with Lady Attendant



Fig 7: Publication of women's Cell wall magazine 'ADWITIYA'



*Fig 8: Women's Cell*

  
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